



2019 VANCOUVER SUN RUN IN TRAINING CLINICS

PRESENTED BY



SUNRUNSTORES.COM

CLINIC LOCATION	DAY / TIME	PHONE NUMBER	ADDRESS	LearnToRun10K	RunWalk10K	Run10KStronger	Walk10K	NordicWalk10K
BURNABY								
Bonsor Recreation Complex	Sunday 9:00 AM	604-297-4597	6550 Bonsor Avenue, Burnaby, BC, V5H 3G4	•	•	•	•	
Fit First Footwear	Wednesday 9:30AM	604-294-3050	3713 Kensington Ave. Burnaby, BC V5B 0A7	•	•	•	•	
Cameron Recreation Centre	Sunday 8:30 AM	604-297-4456	9523 Cameron Street, Burnaby, BC, V3 J1L6	•	•	•	•	
Edmonds Community Centre	Saturday 8:45 AM	604-297-4838	7433 Edmonds Street, Burnaby, BC, V3N 1B1	•	•	•	•	
FRASER VALLEY								
Aldergrove Kinsmen Community Centre	Saturday 8:45 AM	604-533-6144	26770 29 Avenue, Langley, BC, V4W 3B8	•	•	•	•	
Chilliwack Landing Leisure Centre	Wednesday 6:30 PM	604-793-7946	#1 - 9145 Corbould Street, Chilliwack, BC, V2P 4A6	•	•	•	•	•
Mission - Heritage Park Community Gym	Sunday 10:00 AM	604-820-5350	7650 Grand Street, Mission, BC, V2V 3T3	•	•	•	•	•
Pitt Meadows Family Recreation Centre	Wednesday 6:30 PM	604-465-2470	12027 Harris Road, Pitt Meadows, BC, V3Y 2B5	•	•	•	•	•
Fort Langley - Riverside Room	Sunday 8:30 AM	604-882-0408	9277 Glover Rd., Langley, BC, V1M 2N7	•	•	•	•	•
McLeod Athletic Park	Saturday 8:30 AM	604-533-6170	5687 Johnston Townline Rd., Langley, BC, V3A 7T2	•	•	•	•	•
NORTH SHORE AND COAST								
Bowen Island Community Recreation	Saturday 8:30 AM	604-947-2216	1041 Mt Gardner Road, Bowen Island, BC, V0N 1G0	•	•	•	•	•
Brennan Park Recreation Centre	Monday 6:00 PM	604-898-3604	1009 Centennial Way, Squamish, BC, V0N 1T0	•	•	•	•	•
Karen Magnusson Community Centre	Sunday 9:00 AM	604-987-7529	2300 Kirkston Road, North Vancouver, BC, V7J 1Z6	•	•	•	•	•
Level 10 Fitness	Monday 7:00 PM	604-985-8910	140 - 890 Harbourside Dr. North Vancouver, BC, V7P 3T7	•	•	•	•	•
Pacesetter Athletic	Sunday 9:15 AM	604-886-0083	622 Hough Rd, Gibsons, BC, V0N 1V4	•	•	•	•	•
Parkgate Community Centre	Wednesday 6:30 PM	604-987-7529	3625 Banff Court, North Vancouver, BC, V7H 2Z8	•	•	•	•	•
West Vancouver Community Centre	Sunday 9:00 AM	604-925-7270	2121 Marine Drive, West Vancouver, BC, V7V 4Y2	•	•	•	•	•
OUTSIDE LOWER MAINLAND								
Kamloops Community YMCA - YWCA	Saturday 8:00 AM	250-372-7725	400 Battle Street, Kamloops, BC, V2C 2L7	•	•	•	•	•
Kelowna - PacificSport Okanagan	Tuesday 6:00 PM	250-469-8800	Kinsmen Fieldhouse 3975 Gordon Dr. Kelowna, BC, V1W 4M8	•	•	•	•	•
Penticton Community Centre	Saturday 9:00 AM	250-490-2426	325 Power Street, Penticton, BC, V2A 7K9	•	•	•	•	•
RICHMOND/DELTA								
North Delta Recreation Centre	Tuesday 6:00 PM	604-952-3000	11415 84th Ave., Delta, BC, V4C 2L9	•	•	•	•	•
Muscle Memory Training Studio	Sunday 8:30 AM	604-294-3050	11415 84th Ave., Delta, BC, V4C 2L9	•	•	•	•	•
Richmond Olympic Oval	Tuesday 6:30 PM	778-296-1400	6111 River Road, Richmond, BC, V7C 0A2	•	•	•	•	•
Steveston Community Society (Sun)	Sunday 8:30 AM	604-276-4300	4111 Moncton Street, Richmond, BC, V4C 2H7	•	•	•	•	•
West Richmond Community Centre	Saturday 9:15 AM	604-238-8400	9180 No. 1 Road, Richmond, BC, V7E 6L5	•	•	•	•	•
SURREY								
Bear Creek Park Pavilion	Wednesday 9:00 AM	604-501-5100	13820 88 Ave, Surrey, BC, V3W 3L1	•	•	•	•	•
Chuck Bailey Recreation Centre	Saturday 9:00 AM	604-501-5100	13458 107 A Avenue, Surrey, BC, V3T 2X3	•	•	•	•	•
Cloverdale Recreation Centre	Tuesday 6:30 PM	604-501-5100	6188 176 Street, Surrey, BC, V3S 4E7	•	•	•	•	•
Fleetwood Community Centre	Sunday 8:30 AM	604-501-5100	15996 84th Avenue, Surrey, BC, V4N 0W1	•	•	•	•	•
Fraser Heights Recreation Centre	Saturday 8:30 AM	604-501-5100	10588 - 160 Street, Surrey, BC, V4N 0A1	•	•	•	•	•
South Surrey Recreation Centre	Sunday 8:30 AM	604-501-5100	14601 20Avenue, South Surrey, BC, V4A 9P5	•	•	•	•	•
TRICITIES								
Smiling Creek Activity Centre	Saturday 8:45 AM	604-927-4386	3456 Princeton Ave., Coquitlam, BC, V3B 7Z4	•	•	•	•	•
Poirier Sports and Leisure Complex	Thursday 6:30 PM	604-927-4386	630 Poirier Street, Coquitlam, BC, V3J 6B1	•	•	•	•	•
Port Moody Recreation Centre	Sunday 8:30 AM	604-469-4556	300 loco Road, Vancouver, BC, V3H 2V9	•	•	•	•	•
Queen's Park Arena	Tuesday 6:30 PM	604-777-5111	103 3rd Ave. New Westminster, BC, V3L 1L7	•	•	•	•	•
Queensborough Community Centre	Sunday 9:00 AM	604-525-7388	920 Ewen Street, New Westminster, BC, V3M 5C8	•	•	•	•	•
VANCOUVER								
Britannia Community Centre	Monday 6:00 PM	604-718-5800	1661 Napier Street, Vancouver, BC, V5L 4X4	•	•	•	•	•
Coal Harbour Community Centre	Sunday 10:15 AM	604-718-8222	480 Broughton Street, Vancouver, BC, V6G 3H4	•	•	•	•	•
Creekside Community Centre	Thursday 7:00 PM	604-257-3050	1 Athletes Way, Vancouver, BC, V5Y 0B1	•	•	•	•	•
Dunbar Community Centre	Sunday 9:00 AM	604-222-6060	4747 Dunbar Street, Vancouver, BC, V6S 2H2	•	•	•	•	•
False Creek Community Centre	Saturday 9:15 AM	604-257-8195	1318 Cartwright Street, Vancouver, BC, V6H 6R8	•	•	•	•	•
Hillcrest Community Centre	Wednesday 6:45 PM	604-257-8680	4575 Clancy Loranger Way, Vancouver, BC, V5Y 2M4	•	•	•	•	•
Kerrisdale Community Centre	Monday 6:30 PM	604-257-8100	5851 West Boulevard, Vancouver, BC, V6M 3W9	•	•	•	•	•
Kitsilano Community Centre	Sunday 9:30 AM	604-257-6976	2690 Larch St, Vancouver, BC, V6K 4K9	•	•	•	•	•
Renfrew Park Community Centre	Saturday 9:00 AM	604-257-8388	2929 East 22nd Avenue, Vancouver, BC, V5M2Y3	•	•	•	•	•
River District Community Centre	Sunday 9:30 AM	604-431-5594	8683 Kerr St. Vancouver, BC V5S 0A4	•	•	•	•	•
Roundhouse Arts & Recreation Centre	Tuesday 6:30 PM	604-713-1800	181 Roundhouse Mews, Vancouver, BC, V6Z2W3	•	•	•	•	•
Sitka Physio and Wellness	Wednesday 5:15 PM	604-558-2222	Fairmont Hotel Vancouver, Lower Level Suite 12, 900 West Georgia Street, Vancouver, BC, V6C2W6	•	•	•	•	•
Sunset Community Centre	Sunday 9:15 AM	604-718-6508	6810 Main Street, Vancouver, BC, V5X0A1	•	•	•	•	•
Trout Lake Community Centre	Monday 6:30 PM	604-257-6955	3360 Victoria Drive, Vancouver, BC, V5N4M4	•	•	•	•	•
West Point Grey Community Centre	Sunday 9:15 AM	604-257-8140	4397 West 2nd Avenue, Vancouver, B.C., V6R1K4	•	•	•	•	•
Form Physiotherapy	Monday 5:30 PM	604-294-3050	601 West Broadway, Vancouver, BC V5Z 4C2	•	•	•	•	•

Prefer to train for a 10K on your own? You can join an Online InTraining Clinic at sportmedbc.com/online-intraining